








Effie Yeaw Nature Center January Adventures



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
26 <i>Descriptions and details about each program are on reverse side</i>	27	28	29	30 	31	1  Nature Center is CLOSED but please enjoy the trails!	
2 Invasive Invaders 1:30pm	3	4	5	6	7 	8 Crown of Antlers 10:30am	
9 Hawk Talk 1:30pm	10 	11	<p>Did You Know</p> <p>that non-migratory birds often go through a hibernation-like state called torpor? This survival process is used to conserve energy and heat during the cold months. Depending on the species, torpor can last a few hours up to a few days!</p>			14	15 Birding for Families 10:30am
16 Walk on the Wild Side 1:30pm	17	18				21	22 Turkey Vulture Adventure 10:30am
23 Animal Tracks and Signs 1:30pm	24	25				26	27
30 Cold-Blooded Critters 1:30pm	31					River Romp 10:30am	

Admission to the Nature Center is a suggested donation of \$2 per adult and \$1 per child.
Your generosity keeps our doors open and programs running! Thank you for your support!

Visiting Us



Nature Center Hours:
Tuesday through Sunday
9am to 4pm
(916) 489-4918/711 TDD/TTY

2850 San Lorenzo Way ♦ Carmichael, CA 95608
Inside Ancil Hoffman County Park, at California Avenue and Tarshes Drive

Park entrance fee is \$5.00 per car (FREE to members)



Weekend Hikes and Talks!

Join us every Saturday and Sunday for educational programs. All ages welcomed!




Programs are designed for individuals & small groups. If you have a large party, please contact us for an alternative program tailored for your group.

Space is limited—call ahead of time to pre-purchase your spot!

\$5 ages 12+ / \$3 ages 4—11. Members: \$4 ages 12+ / \$2 ages 4—11.

Ages 3 & under FREE

Programs begin promptly at 10:30am & 1:30pm and run 30—60 minutes depending on content. **Programs offered only once per day**

Saturdays – 10:30am	Sundays – 1:30pm
<p>January 1—New Years Day Nature Center is CLOSED <i>but the trails are open!</i></p>	<p>January 2—Invasive Invaders: At Effie Yeaw we have a few non-native plant and animal species that have taken up residency in the preserve. Learn about the history of a few of these trespassers, their role in the current ecosystem and what people are doing to lessen the issues that come along with these invasive invaders. <i>*This program will be a hike.</i></p>
<p>January 8—Crown of Antlers: The bucks are in their winter glory with beautiful antler crowns. Grab your binoculars to catch a closer look at the black-tailed deer in their habitat and learn more about their world. <i>*This program will be a hike.</i></p>	<p>January 9—Hawk Talk: Come learn about these amazing raptors that have color vision eight times better than humans. Get a rare close-up look at a hawk and learn more about the hawk family. <i>*This program will be a presentation.</i></p>
<p>January 15—Birding for Families: Bring the family out for birding and a nature walk led by a naturalist. Birdwatchers of all levels welcomed! Make sure to bring your binoculars or borrow a pair from us.  <i>*This program will be a hike.</i></p>	<p>January 16—Walk on the Wild Side: Winter casts its chilly spell and gives nature its own special winter beauty. Walk with a naturalist and explore this season in the oak woodland.  <i>*This program will be a hike.</i></p>
<p>January 22—Turkey Vulture Adventure: What bird wants meat but doesn't kill its own food? These relatives of the condor and stork are intelligent, family-oriented, and play games together! Learn more about these amazing birds and their importance to the ecosystem. <i>*This program will be presentation & a hike.</i></p>	<p>January 23—Animal Tracks & Signs: There are many animal-made signs in the woods that reveal who has used the trail before you. Become a nature detective by playing tracks scat games, then take a walk to find some animal signs in the Nature Study Area. <i>*This program will be a presentation & a hike.</i></p>
<p>January 29—River Romp: Walk down to the beautiful American River. A naturalist will guide you into the world of some of the amazing critters that have adapted life down by the rushing waters of the river.  <i>*This program will be a hike.</i></p>	<p>January 30—Cold Blooded Critters: Where do cold-blooded animals go when the temperature drops? Learn all about the amazing survival process that reptiles and amphibians go through in order to live through the winter. <i>*This program will be a presentation.</i></p>



Did you know? The Nature Center's Nature Study Area is a designated California Watchable Wildlife site. This is a state designation that is awarded based on a site's wildlife viewing values, quality and diversity of habitats and visitor amenities that include protection from overuse of the natural area. We are committed to nature education in our community that helps build support for the long-term conservation and management of California's natural resources.

Do you enjoy the Nature Center?

For as little as \$8 a month, YOU can help ensure our programs continue and our resident animals receive care.

Why a monthly recurring gift?

- Your support helps keep our doors open all year!
- A small monthly amount is easy on the budget.
- Automatic charges mean not having to remember to pay a bill.
- Knowing your money is supporting a worthy, local organization.
- Your pledge DOES make a difference!



Make your \$8 (or greater) monthly pledge at:
<http://weblink.donorperfect.com/EYNCdonation>



Effie Yeaw Nature Center is a community service of the American River Natural History Association

(916) 489-4918 ♦ SacNatureCenter.net