



# Effie Yeaw Nature Center May Adventures



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 <b>Big Day of Giving</b>	4	5 Under the Oaks 10:30am
	<p><b>Support your Nature Center on May 3!</b>  <b>Help us reach our goal of \$35,000!</b>  <b>Donate at <a href="http://BigDayofGiving.org/EffieYeaw">BigDayofGiving.org/EffieYeaw</a></b></p>					
6 Gifts from Mother Earth 1:30pm	<p><b>All About Lupine: the Tall, Purple Beauty of Spring</b></p>  <p>During the spring months, throughout the West, swathes of brilliant violet color can be seen across mountain sides, meadows and deserts. Lupine is native to California and a popular ornamental plant for gardens.</p> <ul style="list-style-type: none"> <li>• Seeds of some species have been used as food for more than 6,000 years.</li> <li>• Lupine are in the legume family, so those who are allergic to peanuts, may also have allergies to lupine.</li> <li>• Lupine seeds are used as an alternative to soybeans, for livestock feed and food for humans.</li> </ul> <p><b>Watch for these lovely flowers as you walk through the Nature Preserve!</b>  <i>Factual information from Wikipedia.</i></p>					12 Birding for Families 10:30am
13 Monarchs and Mom 1:30pm <i>Happy Mothers Day</i>						19 Saturday with the Snakes 10:30am
20 Critter Corner 1:30pm	21	22	23	24 Deer and Fawn Story Time 10:30am Register at <a href="http://www.SacNatureCenter.net">www.SacNatureCenter.net</a>	25	26 Raptors of the River 10:30am
27 Wet and Wild Pond Animals 1:30pm	28	29	30 	31	<p><i>Descriptions and details about each program can be found on reverse side</i></p>	

**Admission to the Center is a suggested donation of \$2 per adult and \$1 per child.**  
 Your generosity keeps our doors open and programs running!  
 Thank you for your support!

## Visiting Us



**Nature Center Hours:**  
 Tuesday through Sunday  
 9am to 5pm  
 (916) 489-4918/711 TDD/TTY

2850 San Lorenzo Way ♦ Carmichael, CA 95608  
*Inside Ancil Hoffman County Park, at California Avenue and Tarshes Drive*

**Park entrance fee is \$5.00 per car (FREE to members)**

Effie Yeaw Nature Center is a community service of the American River Natural History Association

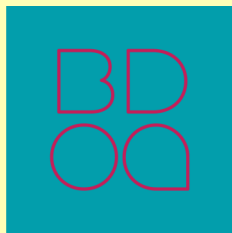
(916) 489-4918 ♦ [SacNatureCenter.net](http://SacNatureCenter.net)

All ages welcome!

## What's UP on Weekends!

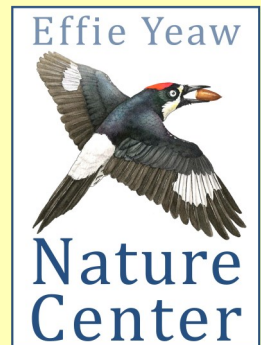
Join us every Saturday and Sunday for hikes and talks. *Donations welcomed.*  
Space is limited – sign-ups are taken the day of the event. *We recommend you arrive 30 minutes prior to start time.*

Saturdays at 10:30am	Sundays at 1:30pm
<p><b>May 5 – Under the Oaks</b> Our mighty oak trees provide food and shelter for many animals and insects. Learn how to identify the three species of oak trees found in the Nature Preserve, and who may be living in them.</p> 	<p><b>May 6 – Gifts from Mother Earth</b> Create a one-of-a-kind craft from Mother Earth as you learn the skill of polishing abalone to make a necklace.</p> 
<p><b>May 12 – Birding for Families</b> Bring the family out for a birding and nature walk led by a Naturalist and our special guest guides from the Sacramento Audubon Society. Birdwatchers of all levels welcomed. Make sure to bring your binoculars, or we can loan you a pair.</p>	<p><b>May 13 – Monarchs and Moms</b> Are you fascinated by butterflies? Do you want to help this threatened species survive? Treat mom to a butterfly adventure by EYNC Docent Krystin Dozier, as she overviews the amazing monarch life cycle and introduces you to the Monarch Larvae Monitoring Project.</p>
<p><b>May 19 – Saturday with the Snakes</b> Join <i>Save The Snakes</i> Executive Director Michael Starkey in an exploration of California's most spectacular serpents! He will discuss the ecological importance of snakes, identification of Californian venomous vs. non-venomous snakes, how to avoid snakebites, first aid and treatment in the event of a snakebite. Then hike the trails to learn how snakes live in their natural environment. Don't miss this fun, interactive and family-friendly program!</p>	<p><b>May 20 – Critter Corner</b> Have you ever wondered where our animals come from and why they are here? Come nose to nose with a few of our resident animals, hear their story and learn all about what makes them unique!</p> 
<p><b>May 26 – Raptors of the River</b> Take a walk on the wild side in search of some of the raptors that call the river's edge home. Learn about these amazing birds of prey and what species can be found in our area.</p>	<p><b>May 27 – Wet and Wild Pond Animals</b> Splashing, skimming swishing and swimming– what are all those creatures in the water? Discover these water loving animals as you use catch and release activities to explore the Nature Center pond!</p>



# Big Day of Giving

24 HOURS  
TO GIVE  
WHERE YOUR  
HEART IS



*Please support us on May 3 at [BigDayofGiving.org/EffieYeaw](http://BigDayofGiving.org/EffieYeaw)*

On the Big Day of Giving our goal is to raise \$35,000 to support our animals, educational programs and maintenance of the nature preserve trails and habitats. **YOU can help by making a donation on May 3!**

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